

Chapter 4 Three Levels of Reading

Independent
Instructional
Frustration

It's easy to read. No help is needed.
New words and ideas are learned when reading at this level.
The text is too hard. Many ideas are confusing.

Directions: Keep a list of what you read in school for a few days. Think of how the reading "feels" as you read it, then write down what level it is. (Look at the example.)

	Date	Title of what you read	Reading level (Independent/Instructional/Frustration)
EX:	10-3	Population Density	Instructional
	_____	_____	_____
	_____	_____	_____
	_____	_____	_____
	_____	_____	_____
	_____	_____	_____
	_____	_____	_____
	_____	_____	_____

- Did you find you were reading mostly one level in school? Yes No
- Did you read text at all three levels? Yes No
- Why is it important to read at your instructional level? _____

- What level is the worst level you can read and WHY? _____

- What do you read in school that you find is usually at your frustration level?

- What can you do when this happens? _____
